



College Counseling Calendar: Freshman Year

⇒ All year:

- Make sure you are challenging yourself and taking courses that are a good fit for you.
- Keep up your grades.
- Stay involved in extracurricular activities that you are passionate about. Volunteer. Join a club or athletics. Step out of your comfort zone!
- Become familiar with Naviance, our one-stop-shop for college and career planning.
- Sign up (on Naviance) to talk to college representatives when they visit ISM.
- Make visits to college campuses in order to begin identifying what you are and are not looking for in a college.
- Be sure to keep an open conversation with parents and guardians about your postsecondary planning. Talk about what you are looking for in a college, go on college visits together, discuss how you plan to pay for college, etc.

⇒ Fall:

- Become acquainted with the upper school, teachers, and routines.
- Get to know Ms. Sprouse, ISM's College Counselor who you will have advising with weekly.
- Start to build your transcript, the record of courses and grades that starts in 9th grade, continues through high school and is sent to colleges.
- Join a club or activity! Involvement can be a really positive thing for every student and helps to meet people, gain confidence in yourself, and achieve accomplishments you can be proud of!
- Set short term and long term goals for yourself personally and academically.

⇒ Winter:

- You will receive registration information at the end of January. Choose your classes wisely for sophomore year, ensuring that you are challenging yourself as well as taking all of the courses required for graduation and college admissions (meet with Ms. Bianucci).
- Make sure you continue to improve your study habits, time management skills, and maintain good scores. This is really important this year and will help you throughout high school and college.
- Start to investigate career options based on your interests.

⇒ Spring:

- Talk to parents, friends, family about different careers and what they do in their jobs.
- Make plans to be active and involved over the summer.
- Don't let your grades start to slip as the weather gets warm- finish your 9th grade year out as strong as possible!
- Build your resume based on completed activities, volunteering, honors, awards, courses, athletics, etc.